



September 23, 2024

Thanks for your interest in our practice. Here's the status of our insurance participation:

IN NETWORK	OUT OF NETWORK
AETNA (+MDC)	MCHO
ANTHEM (+MDC)	WELLCARE
HARVARD PILGRIM	TRICARE
HUMANA (+MDC)	TARO
CIGNA	UNITED MEDICARE
MARTINS POINT	
MEDICARE	
MAINECARE	
UNITED HEALTHCARE	
MEMIC/CORVEL	
MULTIPLAN	
US DEPT OF LABOR	
VA	

We participate in all the commercial insurance Medicare Advantage plans, except United.

If we are out of network with your insurance, you may want to check if you have out-of-network benefits.

**Patients are responsible for understanding how their insurance works.**

If you don't know what copays, coinsurance, and deductibles are, and need a primer, check out this link:

<https://www.nerdwallet.com/article/health/coinsurance-vs-copay>

**"Medicare is my secondary insurance"** - this gets very complicated, but refer to the following so you can tell us how Medicare is your secondary payer. We will need this information before you can be seen. <https://www.cms.gov/medicare/coordination-benefits-recovery/overview/secondary-payer>